

INTRODUCTION to BIBLICAL COUNSELING
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Western Reformed Seminary

COURSE OBJECTIVE: The nature and principles of biblical counseling as opposed to humanistic approaches; techniques and theories of counseling; patterns of problem solving; the counselor and counselee relationship; the sufficiency of Scripture. 3 Credit Hours

COURSE DATES: Weekdays: Wednesday, January 12 – Tuesday, January 18, 2011

The daily schedule will be from 9 a.m. – 4:45 p.m., with a one hour lunch break.

READING ASSIGNMENTS:

Adams, Jay. *Competent to Counsel*
Adams, Jay. *Christian Counselors Manual*
Adams, Jay. *A Theology of Christian Counseling*

All texts are available in the WRS Bookstore.

Read *Competent to Counsel* first. Dr. Backus would like you to read all of these texts before the course begins.

Please prepare 2 or 3 type-written pages of your impressions on each of the three books. Where do you agree or disagree? How do your personal experiences relate to the teachings of the books?

(If unable to complete all three readings before the course, at least complete the first two texts with reviews and try to complete the third by the end of the week.)

The first class sessions will entertain a dialogue on your own informal counseling experiences and on your expectations from this course in biblical counseling.

After the end of the course there will be a term paper due synthesizing your readings and class material. There will also be a final exam over the course material.

Chris Lensch will be your contact person for more information on this course: (253) 272-0417 or
Lensch@WRS.edu.