

# INTRODUCTION to BIBLICAL COUNSELING

Dr. Kevin M. Backus, Adjunct Professor in Biblical Counseling  
Western Reformed Seminary

**COURSE OBJECTIVE:** The nature and principles of biblical counseling as opposed to humanistic approaches; techniques and theories of counseling; patterns of problem solving; the counselor and counselee relationship; the sufficiency of Scripture. 3 Credit Hours

**COURSE DATES:** Five weekdays: January 12-18, 2017

The daily schedule will be from 9 a.m. till 4:45 p.m. with a one hour lunch break.

## ASSIGNMENTS

All submissions of papers and the exam are to be made in PDF format to Dr. Backus: kevin@backus.cc

## READINGS:

Adams, Jay. *Competent to Counsel*  
Adams, Jay. *Christian Counselors Manual*  
Adams, Jay. *A Theology of Christian Counseling*

(Texts are available in the WRS Bookstore. Read *Competent to Counsel* first.)

## INTER-ACTION PAPERS

Credit students will submit a 2-3 page “inter-action” paper (double-spaced) on each of the required reading assignments before the first day of class. Late submissions will not be given credit.

Give your impressions of each text: Where do you agree or disagree? How do your personal experiences relate to the teachings of the books?

## TERM PAPER

Two weeks after the end of the course submit a term paper synthesizing your readings and class material.

## FINAL EXAM

A final exam over the course material will be taken one week after the course.

The first class session will entertain a dialogue on your own informal counseling experiences and on your expectations from this course in biblical counseling.

## COST

Three Semester Credits: \$720

Three Audit Hours: \$375

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Chris Lensch will be your contact person for more information on this course:  
253/272-0417 or Lensch@WRS.edu.